

THE 5 D'S LEADER'S GUIDE

WEEK 5 - CHAPTER 5: DISCIPLED

This week we dive into what discipleship looks like and how people can get involved, sharing stories to encourage each other.



TIPS:

- Test the video on the device you are going to use before the meeting, just to be sure it works!
- Review the reading and the discussion questions before people arrive, so you are familiar.
- Everyone who comes to the group should have a copy of the book: THE 5 D'S. Choose how you want to run the reading & discussions time:
 - OPTION 1: Go around the group having each person read a paragraph until the reading is finished (you can tell the group if anyone doesn't want to read, they can just say "pass" and it will go to the next person).
 - OPTION 2: Choose a few readers ahead of time and have them trade off reading several paragraphs.
- If meeting in a home, tape a sign on your door that says, "Come on in!".
- Turn on some background music as people arrive... it helps!
- Not required, but snacks are always a nice touch!
- Before people arrive, spend 5 minutes praying with the other leaders of your Growth Group!

SCHEDULE FOR TODAY = 1 HOUR TOTAL!:

- 10 minutes: Icebreaker & Get to Know You
- 5 minutes: Video
- 30 minutes: Reading and Discussion Questions
- 5 minutes: Call to Action/Application
- 5 minutes: Pray Together
- END!

1) ICEBREAKER QUESTION (CHOOSE 1 QUESTION FOR TODAY!):

- You have your own late night talk show, who do you invite as your first guest?
- If you were famous, what would you be famous for?
- What was your least favorite food as a child? Do you still hate it or do you love it now?
- If you had to eat one meal everyday for the rest of your life what would it be?
- What's your favorite sandwich and why?
- What is your absolute dream job?
- What sport would you compete in if you were in the Olympics?
- What would your superpower be and why?

2) VIDEO:

- Play the video for week 5
- Find the video at www.allpeopleschurch.org/leaders/
 - You can use any device with access to the internet. Use a TV, a laptop, a tablet, or phones.
 - You can watch the video together as 1 big group, or gather in smaller groups and each group can watch on a phone if that works better for you!

3) READING AND DISCUSSION QUESTIONS:

- 1) Read Out Loud: Pages 43-50 (stop at “Discipleship Mentoring”)
- 2) Discussion Questions: See page 77, questions 1-2
- 3) Read Out Loud: Pages 50-57 (start at “Discipleship Mentoring”)
- 4) Discussion Questions: See page 77, question 3-5

4) CALL TO ACTION / APPLICATION

- Ask everyone: “What is your biggest take-away from this week?”
- Discuss ideas of how you could respond to this chapter!

5) PRAY (IN SMALLER GROUPS OR ALL TOGETHER)

- Pray together about seeking discipleship in your life. Who comes to mind that you might want to pursue for mentorship in your life?
- Pray together about pursuing others to disciple them. Who comes to your mind that you could help in their walk with Jesus?

SEE YOU NEXT WEEK!